



**SUTTON UNITED  
FOUNDATION**

*United in the  
Community*



# SUTTON UNITED FOUNDATION IMPACT REPORT



2025

-

2026

e:

[INFO@SUTTONUNITEDFOUNDATION.ORG](mailto:INFO@SUTTONUNITEDFOUNDATION.ORG)



[WWW.SUTTONUNITEDFOUNDATION.ORG](http://WWW.SUTTONUNITEDFOUNDATION.ORG)



SUTTON UNITED FOUNDATION



# C O N T E N T S

**CONTENTS** ..... 1

**WHO WE ARE** ..... 2

**WHAT WE DO** ..... 3

**GIRLS SECTION** ..... 4

**PAN DISABILITY TEAMS** ..... 5

**WALKING FOOTBALL** ..... 6

**PARKINSONS SPORTS** ..... 7

**SCHOOLS AND COMMUNITY** ..... 8

**FINANCES** ..... 9



SUTTON UNITED FOUNDATION



**Sutton United Foundation is so much more than football.**

**As the charitable arm of Sutton United Football Club, the Foundation delivers community projects across Sutton and the surrounding boroughs, using sport and engagement as a way to bring people together.**

**Formed in 2018 by bringing together a number of existing programmes, the Foundation was created with a clear purpose: to make a positive impact in the local community through participation, inclusion and meaningful opportunities linked to health, well-being and education.**

**Its work reflects a simple but powerful message:**

- \* United in the community**
- \* Inclusive and caring**
- \* Bringing people together**

**The breadth of the Foundation's work is reflected across its programmes, including girls' football, pan-disability teams, walking football, Parkinson's boxing, Parkinson's active sessions, school engagement and wider community activity.**

**This is what community football should look like – rooted locally, open to all, and focused on making a genuine difference.**

**W  
H  
O  
  
W  
E  
  
A  
R  
E**



SUTTON UNITED FOUNDATION



GENERATED INCOME  
**£ £164,000**

**92 PLAYER**  
ENGAGEMENT VISITS

**18 SCHOOLS**  
SUPPORTED

**1000+ LIVES**  
AFFECTED

W  
H  
A  
T  
  
W  
E  
  
D  
O

[WWW.SUTTONUNITEDFOUNDATION.ORG](http://WWW.SUTTONUNITEDFOUNDATION.ORG)

United in the  
Community



SUTTON UNITED FOUNDATION



**Sutton United Foundation is proud to have the fastest growing female section in the Surrey FA.**

**Our programme has been designed to create genuine opportunities for girls in football, with a focus on both development and progression.**

**Key highlights include:**

- \* A clear pathway to the First Team**
- \* Strong emphasis on player development and opportunity**
- \* Invitation to compete in the Junior Premier League (JPL)**
- \* Recognised as the Fastest Growing Female Club in Surrey in 2018**

**By creating structured pathways and accessible opportunities, the Foundation is ensuring that girls and young women have a place in the game and a chance to progress.**

**This is what community football should be about - participation, opportunity and impact.**

**G  
I  
R  
L  
S  
  
S  
E  
C  
T  
I  
O  
N**



SUTTON UNITED FOUNDATION



Football has the power to bring people together – and at Sutton United Foundation, inclusion is at the heart of everything we do.

Our Pan-Disability teams offer structured sessions, supportive coaching and a welcoming environment.

Formed in 2014, this section, headed by Steve King is leading the way in disability football, recently named "2024 Community Project of the Year".

These programmes create much more than just football sessions.

They help participants to:

- \* Stay active and improve physical well-being
- \* Build confidence and social connections
- \* Feel part of a team and the wider community
- \* Develop skills both on and off the pitch

We currently have 50 regular players, both male and female taking part in our 100% coached Pan-Disability teams.

Sutton United Foundation are extremely proud of this Award Winning impact in the local community.

P  
A  
N  
  
D  
I  
S  
A  
B  
I  
L  
I  
T  
Y



SUTTON UNITED FOUNDATION



Keeping people healthy is a huge part of what we do, and our walking footballers are a huge testament to that.

Our weekly walking football sessions bring people together, reminding them there is a place for them in the game they love.



**Over 50's**

50

**50+ REGULAR ATTENDEES ✓**



**ALL ABILITIES WELCOME ✓**



**MALE & FEMALE PLAYERS ✓**



**COMPETE IN TOURNAMENTS ✓**

**W  
A  
L  
K  
I  
N  
G  
  
F  
O  
O  
T  
B  
A  
L  
L**

[WWW.SUTTONUNITEDFOUNDATION.ORG](http://WWW.SUTTONUNITEDFOUNDATION.ORG)

*United in the  
Community*



SUTTON UNITED FOUNDATION



## PARKINSON'S BOXING

Parkinson's Boxing with the Sutton United Foundation is all about enjoying a fun, non-contact fitness class in a friendly and supportive environment .

- \* A warm, welcoming and social atmosphere
- \* Adaptable activities for all abilities
- \* Improves mood, increases agility
- \* Benefits all neuro and mobility limiting conditions

## PARKINSON'S ACTIVE

Parkinson's Active with the Sutton United Foundation offers a relaxed, supportive environment where everyone can move at their own pace, build confidence, and share a few laughs along the way.

With gentle activities and friendly games, these sessions are designed to support people living with Parkinson's and other neurological or mobility-limiting conditions – while bringing people together right at the heart of the community.

- \* Weekly indoor social club
- \* Fun, friendly bar garden and sports games
- \* Inclusive session promoting connection and enjoyment.

P  
A  
R  
K  
I  
N  
S  
O  
N  
S  
  
S  
P  
O  
R  
T  
S

[WWW.SUTTONUNITEDFOUNDATION.ORG](http://WWW.SUTTONUNITEDFOUNDATION.ORG)

*United in the  
Community*



SUTTON UNITED FOUNDATION



## SCHOOLS

Our schools engagement programme is extremely rewarding.

- \* Regular interactions with 1st team and academy.
- \* Local schools attended Utilita Cup Qualifiers.
- \* Whatever they need we are here to help



## COMMUNITY ENGAGEMENT

Whether weekly, monthly or as a one-off, we aim to deliver fun and inclusive sessions bringing people together.

- \* Range of weekly activities bringing people together
- \* Football-4-All Under 14's football on local estate
- \* Girl's development training, Years 3-6

## FAMILY DAYS & JUNIOR JAYS



We hold weekly community football sessions and Junior Jay's - Under 3's football every Friday.

S  
C  
H  
O  
O  
L  
S  
&  
C  
O  
M  
M  
U  
N  
I  
T  
Y



SUTTON UNITED FOUNDATION



The Foundation are part of the National League Trust with funding from the EFL Trust.

We are extremely grateful to our sponsors, who we rely on for funding to support our external delivery.

Below is a QR code which will take you to our Go Fund Me page if you would like to make a donation towards the work we do.

Thanks for your support.



**F  
I  
N  
A  
N  
C  
E  
S**